

# Health History and Review of Systems

Name: \_\_\_\_\_ Clinic ID: \_\_\_\_\_ Date: \_\_\_\_\_

PREVIOUS INJURIES (MVA, WC, etc.) \_\_\_\_\_

PAST HOSPITALIZATIONS / ILLNESS \_\_\_\_\_

SURGICAL HISTORY \_\_\_\_\_

MEDICATIONS/VITAMINS \_\_\_\_\_

ALLERGIES \_\_\_\_\_

## FAMILY HISTORY

Please Note if your FATHER, MOTHER, SISTER, BROTHER are currently or have suffered from any of the following;

CANCER \_\_\_\_\_ DIABETES \_\_\_\_\_ CARDIAC \_\_\_\_\_ STROKE \_\_\_\_\_ HIGH BP \_\_\_\_\_

RECREATIONAL/EXERCISE: Type: \_\_\_\_\_ Freq. \_\_\_\_/wk; Duration \_\_\_\_ Min. / Hrs; \_\_\_\_\_

SOCIAL HABITS: TOBACCO: \_\_\_\_ pk / \_\_\_\_ day, wk, for \_\_\_\_ yrs; ALCOHOL \_\_\_\_ # of wine, beer, mixed dr. / day, wk, mo.

Please Check (✓) If You Are Currently Suffering From Any of the Below Noted Ailments

### GENERAL

- Allergy
- Chills
- Convulsions
- Dizziness
- Fainting
- Fatigue
- Fever
- Headache
- Sleep loss
- Weight loss
- Nervousness/depression
- Neuralgia
- Numbness
- Sweats
- Tremors

### EYES, EARS, NOSE, THROAT

- Asthma
- Colds
- Sore throat
- Deafness
- Dental decay
- Earache/noises
- Ear discharge
- Sinus infection
- Enlarged glands
- Enlarged thyroid
- Nose bleeds
- Failing vision
- Far sighted
- Gum trouble
- Hay fever
- Hoarseness
- Nasal obstruction
- Near sighted

### MUSCULOSKELETAL

- Arthritis
- Bursitis
- Foot Trouble
- Hernia
- Low back pain
- Lumbago
- Neck pain/stiffness
- Shoulder blade pain
- Pain or numbness in:
  - Shoulders
  - Arms
  - Elbows
  - Hands
  - Hips
  - Legs
  - Knees
  - Feet
- Painful tailbone
- Poor posture
- Sciatica
- Spinal curvature

### GENITO-URINARY

- Bedwetting
- Blood in urine
- Frequent urination
- Inability to control bladder
- Kidney infection or stones
- Painful urination
- Prostate trouble
- Pus in urine
- Painful menstruation
- Hot flashes
- Irregular cycle
- Lumps in breasts

### CARDIOVASCULAR

- Hardening of arteries
- High blood pressure
- Low blood pressure
- Pain over heart
- Poor circulation
- Rapid heart beat
- Slow heart beat
- Swelling of ankles

### RESPIRATORY

- Chest pain
- Chronic cough
- Difficult breathing
- Spitting up blood
- Spitting up phlegm
- Wheezing

### GASTROINTESTINAL

- Belching or gas
- Colitis
- Colon trouble
- Constipation
- Diarrhea
- Difficult digestion
- Distention of abdomen
- Excessive hunger
- Gall bladder trouble
- Hemorrhoids
- Intestinal worms
- Jaundice
- Liver trouble
- Nausea
- Pain over stomach
- Poor appetite
- Vomiting
- Vomiting blood

Doctor's Initial: \_\_\_\_\_